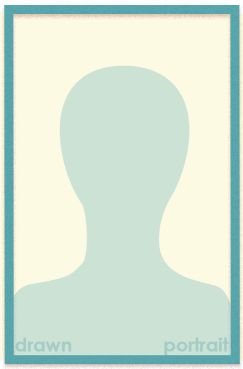
BOOK OF SKILLS



name

country

IGNITE YOUR SKILLS

HELLO!

INTRODUCTION

Erasmus + is a programme which enables people in the age of 13 and 30 to experience different life-learning moments in Europe. Either you prefer to be a part of the youth exchanges, European voluntary service, seminars, youth initiatives, youth policy making or other educational, but interesting projects, Erasmus + is sharing your values, your motivation, creativity & entrepreneurship. Join us and explore your potentials!

WHAT IS THIS?

This is The Book of Skills, a reflection self-assessment book that is guiding you through the youth exchange. Every youth exchange is also preparing you to acknowledge what you have learnt during the project and guides you to write your own Youthpass. This book is offering you a funny, but simple way to follow your learning process from the day one till the last day of the youth exchange.

HOW TO USE IT?

Pages in RED colour are to be filled in on the first day of your youth exchange and pages in GREEN should be filled in on the last day. Pages in BLUE are there for you to use them according to your inspiration, time and motivation. This is your diary and you don't have to share it with no one, if you don't want to. Use it the way you like it and enjoy reflecting one of the greatest experiences of your life so far.

Ignite your Skills with
The Book of Skills.

- Karmen Murn

DESIGN MADE BY ÁKOS ZELENY

MY TIMETABLE (MEALS, MEETINGS, EVENTS, ETC...)

THE KEY WORDS OF THE YOUTH EXCHANGE TO ME:

MY EXPECTATIONS OF THIS YOUTH EXCHANGE ARE:

THINGS I WANT TO LEARN ON THIS YOUTH EXCHANGE:

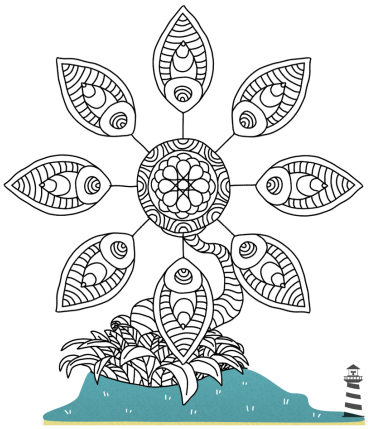
THINGS I CAN CONTRIBUTE TO THIS YOUTH EXCHANGE:

THINGS THAT WORRY ME:

THINGS THAT MAKE ME HAPPY:

WHAT DO I KNOW ABOUT THE TOPIC OF THE PROJECT?

NOTES:



A TOTALLY NEW EXPERIENCE FOR ME TODAY IS:

MY FAVORITE ACTIVITY ON THE YOUTH EXCHANGE IS:

THE WORST ACTIVITY FOR ME ON THIS YOUTH EXCHANGE IS:

IGNITE YOUR SKILLS

OLD-SCHOOL BATTLESHIPS

	A	B	C	D	E	F	G	H	I	J
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

	A	B	C	D	E	F	G	H	I	J
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										
10.										

THE PERSON THAT INSPIRES ME THE MOST IS: BECAUSE:

	9							8
2						1	9	
4			2		1			
	3				6		8	7
			7		9			
7	1		8				3	
			5		3			6
	8	6						1
5							7	

Write and draw your unique postcard for someone

IGNITE YOUR SKILLS

THE STORY OF THE WEEK:

MY RATINGS FOR THE YOUTH EXCHANGE (FROM ONE TO TEN)

FUN | LEARN | FOOD | PLACE | PROGRAM | TEAM

RANDOM TOUGHTS:

WHAT DO I THINK WAS THE PURPOSE OF THIS YOUTH EXCHANGE?

THE MAIN LESSON I GOT FROM THIS YOUTH EXCHANGE WAS:

THINGS I WILL REMEMBER:

NOTES:

SOMETHING I WOULD DO DIFFERENT ON THE NEXT PROJECT:

IN THE FUTURE I WILL FOCUS MORE ON:

HOW CAN I USE THE SKILLS I HAVE LEARNT ON THIS YOUTH EXCHANGE:

TIC-TAC TOURNAMENT

MY DICTIONARY

IGNITE
·YOUR·
SKILLS

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Ana Sofia Brandão, Ákos Nagy
Anna Rüdebusch,Cristiana Capecchi
and the people of Ignite Your Skills project
Mentor: Karmen Murn
Check out our videos about the key competences at
http://iys.ambitia.eu/kc

JUGEND für Europa
Nationale Agentur Erasmus+

Erasmus+

JUGEND KULTUR ARBEIT E.V.

ambitia

Hrvatski filmski savez
Croatian Film Association

aventura marão clube

Gombolyag Alapítvány